

# Candlewood Knolls

# Knolls Knews Notes



Happy August!

We've already breezed through one week of the five remaining weeks of summer. While we can't put the brakes on the season, we can certainly take advantage of every day and be grateful we are part of the lake community now celebrating its 93<sup>rd</sup> anniversary.

The calendar is still filled with activities for all ages! Following the golf cart wash given by the CKCP CITs on Saturday afternoon (8/6), that evening will bring us to the ballfield once again for Bocce Night hosted by Phil and the CKCP crew.

The Progressive Dinner will be held Tues. 8/9 and we hope you will join us for a beautiful evening of friendship, food, and fun. Years ago, the dinner aspect of the event was eliminated since the appetizers and desserts were so plentiful and filling. Bring your appetite. While it's three days short of the next full moon, it will hopefully be a beautiful evening with spectacular waterfront views.

Don't forget to RSVP for the Hoedown next Saturday 8/13. This will be a fun night without the hassle of driving outside the Knolls. Head to the clubhouse which will be transformed into a country western setting that will include good food, drink, and entertainment. Personally, I am a fan of theme parties and appreciative of the details that go into organizing such events. Rumor has it there will be a few "signature cocktails" too.

For the past two issues I have made references to my love of coffee.

Just so you know, preparing the Knews Notes requires lots of caffeine!

I extend my thanks to those of you who have expressed your appreciation towards my attempts to keep you informed and entertained.



Stay cool! **Denis**e



**Now through Sept 5**<sup>th</sup> – **Security Guard Hours** will be **10AM to 2AM**Please remember to have your CK stickers on all your vehicles to help the guard identify you. The guard can be contacted by cell phone (475-237-1220) to let them know about guests you are expecting. They will need the name of your guest, date they are coming and number you may be reached at if there is an issue.

Please be courteous and patient with security staff when it gets busy at the entrance.

# **ISSUE 8**

August 5, 2022

# 2022 EVENTS

May 28th - 6:30 PM Memorial Day Cocktail Party

June 27th CKCP Begins

July 2nd - 6:30 PM Clambake

July 4th - 9:00 AM Pancake Breakfast

July 8th - 7:00 PM CK Stockholder Meeting

July 9th - 6:30 PM Bocce Night

July 16th - 9:00 AM - 9:00 PM Family Picnic

July 22nd - Candlewood Golf Classic—Hosted by CK

August 4th - 7:00 PM CKCP Talent Show/Campout

August 6th Golf Cart Wash - 3:00-5:00PM Bocce Night—6:30PM

August 9th - 6:00 PM Progressive Dinner

August 13th - 6:30 PM Hoedown

August 26th—Beers of the Knolls

September 3rd - 6:30 PM President's Dance

September 4th - 4:00 PM CK Stockholder Meeting CK Tax District Meeting

Halloween Party - TBD

November 26th - Tree Lighting

Holiday Party - TBD
WEEKLY EVENTS

Mahjong: Mon @ 7:00 PM Ice Cream Night: Thurs @ 7:00 PM Pickleball: Sun @ 11:00 AM Sailboat Races: Sun @ 2:00 PM Yoga: 8/3, 8, 17, 22 @ 6:30 PM

CK SECURITY: 475-237-1220

# Candlewood Knolls

21 North Beach Drive New Fairfield, CT 06812 Phone: 203-746-4807 Email:

office@candlewoodknolls.com

# Fun & Friendship at the Lake since 1929



#### 2022 BOARD OF DIRECTORS

President: Tom LaMonte Vice President: David Clegg Secretary: Roberta Anderson Treasurer: Karly Becker Past President: Maria Stonecipher

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# Candlewood Knolls Golf Cart Guidelines

- Golf Carts must have headlights and reflective tape affixed to the rear of the cart if they are going to be used after dark. (Reflective tail tape provided.)
- Drivers must be 16 years of age to drive a Golf Cart or 15 years of age with a valid learners permit. You may also drive a Golf Cart if you are under the age of 16 if you are accompanied by an adult, 21 years of age or older, sitting alongside in the front seat.
- Golf Cart capacity is limited to the available seating on each respective Golf Cart.
- Driving rules for Golf Carts are consistent with the general rules of the road. This includes abiding by stop signs, yielding right of way, staying to the right side of the road, etc. It is the responsibility of the driver to know and follow the rules of the road.

Candlewood Knolls Board of Directors

#### From the Editor ...

Summer has finally arrived to the Knolls! As I prepare our season issues now through Labor Day, please provide feedback and any stories and/or pictures you would like to share with the community. Content is king! Please email your ideas to:

cknotesdenise@gmail.com



## SAILBOAT RACES - SUNDAY, JULY 31st

Due to the lack of wind, there was no sailboat race last Sunday. Since there was little wind, I'd thought I'd give Paddleboarding a try. It was challenging and required good balance. I had a few wobbles and did fall once – overall it was great fun and humbling!



Here's a throwback photo of our sailing days when the competition was strong. This was taken at the end of the summer race honoring past president †Will Caterson.



Circa: 2007

L to R: Stephen Vaughan & son, Patrick, Ralph Bonito, Roberta Anderson, Don Lynch, Lori Moriarty, Brian Neill, Michael Joedecke, Bernie Neill

Hope to see you next Sunday – 2pm at South Beach.
May the wind be with us!

Roberta Anderson

(203. 536.6863)







# PROGRESSIVE DINNER

Tuesday, August 9th - 6:00pm

Save the date for this very special Ladies' Night!

This annual event is a great time to mingle with forever friends as well as meet new ones.

This year our hosts are

Appetizers: Donna DeSantis & Katie Cyganowski adjoining waterfront homes at 11 & 13 Lakeshore North

Desserts: Katrina Hennigan at 13 Woods Road

Call Maria Stonecipher (203-746-6078) if you are interested in attending!



You are cordially invited to attend the 2022 President's Dance Honoring Thomas LaMonte

> Saturday, September 3<sup>rd</sup> 6:30pm Candlewood Knolls Clubhouse

#### **Mark Your Calendar**







Yoga in the Knolls

:30-7:45 PM \*CK Clubhouse

\*\$10/class

Aug 3rd \*Aug 8th \*Aug 17th \*Aug 22nd





Join us for Mahjong Mondays @ 7pm Downstairs Clubhouse (Beginners are welcomed)



DID YOU KNOW...



#### Pickleball is a rising global sport?

- It's a combination of tennis, badminton and ping-pong. It's a more relaxed sport and easy to learn. It's played with a modified tennis net on a badminton court.
- Pickleball originated in 1965 and has seen a huge growth in participation in the US in the last five years!
- In 2020, 4.2 million people played pickleball in the US with a 21.3% increase (the highest of any US sport) since 2019.
- It's not just for old people! Although it became popular in senior communities, the fastest growing pickleball playing demographic is people ages 18-54.
- While there is less running, you can still get a good workout and burn calories.
- Today it is played in any state in the US as well as 60 countries. There are 35,000 courts across 9,000 locations and courts are being built at a record rate. It may eventually become an Olympic sport!
- Naples, Florida is known as The Pickleball Capital of the World and is home to the largest dedicated pickleball facility with 64 courts and is also where the US Open Pickleball Championships tournament is held.

Source: Parade Magazine: 10 Things You Need to Know About Pickleball, the Sport Everyone In the U.S. Is Playing Right Now – Margie Zable Fisher – Feb 18, 2022

> PICKLEBALL IN THE KNOLLS - Come join the fun! SUNDAYS - 11:00am - 1:00pm at the CK Tennis Courts Equipment Provided - Beginners welcomed Hosted by Cushie & Don Lynch Check CK Hello Facebook page for schedule changes



SATURDAY - August 6th 3:00 - 5:00pm

CIT Golf Cart Wash

Bring your golf cart down to the clubhouse and donate \$5 (or more) to our fantastic four CITs. They have worked hard this summer and are unpaid - it's a great opportunity to clean up those golf carts and show your appreciation for their diligent work. FYI - they'll be using water from the lake via a pump so, there's no worries about water tank issues.



# Saturday, August 6th @ 6:30pm Bocce/Cornhole Night

Come down to the ballfield and grab a partner to play some bocce or cornhole. Food will be plentiful as usual for \$5 per person. Burgers, dogs, pulled pork and mac-n-cheese will be served. We ask families to bring a shareable side.

Send team signups to ppassaro@cheshire.k12.ct.us and indicate if you are signing up for bocce, cornhole or both! There will also be sign-up sheets at the mailboxes.



# Won't You Be My Neighbor...



Denise Fucito

# The Progressive Dinner Tradition

Since 1996 the ladies of the Knolls have gathered at various homes throughout the community to feast on delicious food and to enjoy connecting with their neighbors – and yes, of course, there is plenty of wine too. Many of the appetizers and desserts are homemade and here are some favorites from your neighbors:

#### Chicken Bites (Teresa Wohr)

2 pkgs Crescent Rolls
Onion powder to taste
1 egg beaten
2 boneless chicken breasts
Flour to coat chicken
Sesame Seeds

Cut chicken into  $\frac{1}{4}$  inch cubes. Mix flour and onion powder in a shallow dish. Roll chicken cubes in flour mixture. Separate triangles of crescent rolls; Cut each into 2 equal pieces – the long way from tip to base. Add a chicken cube and roll up from pointled side – press down & seal. Place on a cookie sheet and brush with egg; sprinkle with sesame seeds. Bake as directed on crescent roll package. Serve with duck sauce or sweet & sour sauce. Yields approx. 32 pieces



8 oz Cream Cheese 3/4 c. Cream of Coconut 1/2 c. Pineapple Juice 1/2 tsp. vanilla 8 oz Cool whip

Mix together & serve with assorted fruit



## Goat Cheese Spread (Donna DeSantis)

8 oz log of Goat Cheese Handful of chopped walnuts Handful of apple slices – diced small Honey

Break up goat cheese in a serving bowl Add apples & walnuts Drizzle with honey Serve with crackers Bacon Roll-Ups (Cathy Marasco)
1 pckg Oscar Mayer Bacon (16 slices)
1 loaf of small white Wonder Bread
Wedge of Blue Cheese

Cut bacon slices in half. Remove crusts from bread & slice bread in half. Lay out  $\frac{1}{2}$  slice bacon. On top of bacon lay  $\frac{1}{2}$  slice of bread. Take  $\frac{1}{2}$  tspn of cheese and place on end. Roll up starting at cheese side. Lay seam side down. Bake at 350° for 30 minutes or until

slightly crispy. Yields approx. 30 pieces.



# Classic Lemon Pound Cake (Karen Kosakoff)

16 tablespoons (2 sticks) unsalted butter, softened but still cool

1 1/3 cups sugar

3 large eggs, plus 3 large egg yolks, at room temperature

1 1/2 teaspoons vanilla extract

1 1/2 teaspoons water

1/2 teaspoon salt

Grated zest of 2 lemons

1 1/2 cups plain cake flour

Adjust an oven rack to the middle position and heat the oven to 325 degrees. Grease a 9x5"
loaf pan (7 1/2 cup capacity). fit a sheet of foil or parchment paper lengthwise in the bottom of the
greased pan, pushing it into the corners and up the sides. Fit a second sheet crosswise in the pan in
the same manner.

 Beat the butter in the bowl of a standing mixer at medium-high speed until smooth and shiny, about 15 seconds. With the machine still on, sprinkle the sugar in slowly, taking about 30 seconds. Beat the mixture until light, fluffy, and almost white, 4 to 5 minutes, stopping the mixer once or twice to scrape down the sides of the bowl.

Stir together the eggs, yolks, vanilla, and water in a 2-cup liquid measuring cup. With the mixer running at medium-high speed, add the egg mixture to the butter and sugar in a very slow, thin stream. Finally, beat in the salt and lemon zest.

4. Place 1/2 cup of the flour in a sieve and sift it over the batter. Fold gently with a rubber spatula, scraping up from the bottom of the bowl, until the flour is incorporated. Repeat twice more, adding flour in 1/2 cup increments.

5. Scrape the batter into the prepared pan, smoothing the top with a spatula or wooden spoon. Bake until a toothpick or thin skewer inserted into the crack running along the top comes out clean, 70 to 80 minutes. Let the cake rest in the pan for 5 minutes, then invert onto a wire rack. Place a second wire rack on the cake bottom, then turn the cake right-side up. Cool to room temperature, remove and discard the foil, and serve. The cake can be served plain, with fresh fruit of your choice on top, or with ice cream.

Note: To double recipe, bake in large nonstick Bundt pan (14c. capacity); baking time remains same.



# <u>Cannoli Dip</u> (Maria Stonecipher)

2 c. Ricotta Cheese (whole or skim)

8 oz Cream Cheese

 $1\frac{1}{2}$  c. powdered confectioners' sugar (more or less to taste)

1 tsp vanille

1 c. mini chocolate chips

Mix ricotta & cream cheese until smooth -Add sugar, vanilla, and chips. Chill. Serve with broken pieces of sugar cones or waffle bowls, vanilla wafers, and/or graham crackers.



If you have any suggestions, compliments, issues, or concerns about **any** aspects or facets of the community (e.g., marina, security, beaches, etc.), please contact us at:

LetUsKnow@candlewoodknolls.com
and your message will be directed to the

appropriate party(ies). Thank you!



# Reminder Hours for All Knolls Beaches: Sunday thru Thursday – closes at 10:00pm

Friday & Saturday – closes at 11:00pm Please be courteous to your neighbors!



# Around the Town...



# KENT, CONNECTICUT

The 49.6 square mile town in Litchfield County alongside the NY border has a population of 3,019 (2020 census) and is home to three boarding schools and the Schaghticoke Indian Reservation. It is 25 miles/40 minutes from the Knolls and a wonderful place to visit when you wish to explore owner-operated shops, comfortable restaurants and galleries featuring contemporary and classic art.





**KENT FALLS STATE PARK** is a popular destination and has 17 waterfalls which empty into the Housatonic River. The trail winds a quarter of a mile up along the falls and rises 250 feet steep. Swimming is allowed on the bottom level and the Kent Falls Brook is a stream that is designated as a Trout Park.

Macedonia Brook State Park is 2300 acres of outdoor recreation. It has extensive trails, campgrounds, a venue for large group picnics, a small hilltop lake, and the park's namesake, Macedonia Brook. Hikers can take advantage of the views of the Catskill and Taconic Mountains.

While in Kent, you may want to visit the Tasting Room at the **Kent Fall Brewing Company** or just enjoy a superb shopping experience. **The Covered Wagon Country Store, Rolling River Antiques, Kent Coffee & Chocolate Co.**, and **Terston** (fine clothing, home accents, and accessories) are some of the shops you may want to visit. **Kent Barns** is a cluster of contemporary barns off Main Street and includes four fine art galleries, as well as antique, furniture, and home décor shopping. The barn cluster also includes the **109 Cheese Market** with their ultimate selection of gourmet cheese, soups, and sandwiches. Dining options are plentiful. Check out the **Kingsley Tavern** (Tuesday-Saturday Dinner & Saturday Brunch), **Ore Hill** (farm-focused intimate setting) & **Swyft** (farm-focused casual tavern setting), and **Fife N' Drum Restaurant and Inn** (offering seasonal daily specials, live music, & a gift shop). They all have great ratings on TripAdvisor. And don't forget to stop by **Sophie's**, located at 1 Kent Green Blvd on the north side of town. Open 6 days (closed Thursdays) it's a local favorite restaurant & bakery serving breakfast, lunch & on the weekends they have a brunch menu.

The Kent Chamber of Commerce is sponsoring their Annual Kent Sidewalk Sale Days beginning Thursday, August 4<sup>th</sup> through Sunday, August 7<sup>th</sup> from 10am-5pm. There will be fabulous store sales, art exhibitions, tag sales, raffle drawings, food, and entertainment. Hope you get a chance to experience the town of Kent!



# BOOK REVIEW - Wish You Were Here by Jodi Picault

Diana O'Toole is on track with her life goals. She will be married by thirty, done having kids by thirty-five, and move out of NYC to the suburbs, all while climbing the professional ladder in the cutthroat art auction world. She's not engaged just yet, but she knows her boyfriend, Finn, a surgical resident, is about to propose on their romantic getaway to the Galápagos—days before her thirtieth birthday — right on time.

But then the Corona virus, that felt worlds away, appears in the city, and on the eve of their departure, Finn breaks the news: It's all hands-on-deck at the hospital, and he has to stay behind. *You should still go,* he assures her, since it would be a shame for the nonrefundable trip to go to waste. Reluctantly she goes.

Diana's dream vacation goes awry. Her luggage is lost, the Wi-Fi is nearly nonexistent, and the hotel they'd booked is shut down due to the pandemic. In fact, the whole island is now under quarantine, and she is stranded until the borders reopen. Completely isolated, she must venture beyond her comfort zone. Slowly, she carves out a connection with a local family.

In the Galápagos Islands, where Darwin's theory of evolution by natural selection was formed, Diana finds herself examining her relationships, her choices, and herself—and wondering if when she goes home, she too will have evolved into someone completely different.

This story carries you along as described above but has a big plot twist at the end that stops you in your tracks. This author is known for making you think and wonder, and this book is no exception.

Happy Reading - Maureen Clegg



# CANDLEWOOD KNOLLS CHILDREN'S PROGRAM

# Week#6

Such a busy week! Rock Climbing, Spa Day, Brownstone Park, Pasta Night, Swim Meet (CK won), Talent Show & Campout









# **Ice Cream Night**

When? Thursday @ 7pm
Last one August 11th!

Where? CKCP camp room (CK clubhouse-lower level)

\*Bowl \$5 \*Cone \$3

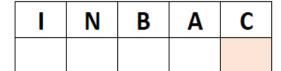


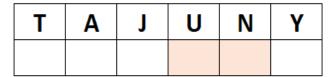


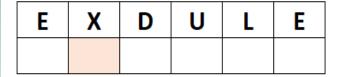
# Word Jumble:

Unscramble letters to form four ordinary words.

V	0	Α	R	В









Now arrange the shaded letters to form an answer as suggested by cartoon

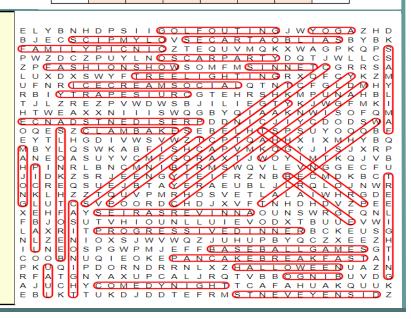
## WHAT HE GOT WHEN HE DISOBEYED MOM AT THE BEACH

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WHEN THE CLOCK STRIKES MIDNIGHT AFTER AUGUST BEGINS

BAM! HALLOWEEN SALES EVERYWHERE

P U Z Z L E S O L V E 7/29













# **BEERS OF THE KNOLLS**

Friday, August 26th

\$30.00pp includes food, beer, and beer mug

1<sup>st</sup> house – Arnie Eckelman – 6:00pm

We are still looking for a 2<sup>nd</sup> host house!

If you are interested in attending and/or hosting, please contact Jerry Garbowski at 203-417-2242