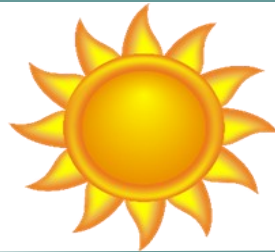




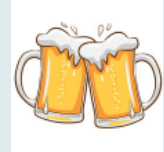
# Candlewood Knolls Knolls Knews Notes



ISSUE 12

August 22, 2025

## 2025 EVENTS



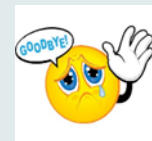
**Fri. August 22nd**  
**Beers of the Knolls**



**Sat. August 30th**  
**New York, NY Party**



**Sun. August 31st**  
**Dedication Ceremony for**  
**Dan Hamilton**  
**Stockholders' Meeting**



**September 22nd**  
**Last Day of Summer**

*Please provide the office  
with your updated contact  
information so we can  
communicate effectively.*

**Phone: 203-746-4807**  
**[office@candlewoodknolls.com](mailto:office@candlewoodknolls.com)**



Wow - only two summer 2025 KKN issues left! Time flies.

A lot of CK neighbors went on vacation outside the Knolls, and yet the beaches are still crowded with swimmers cooling off. Tonight the men gather for Beers of the Knolls and next weekend many will join me and my crew for our NY, NY Party. Last chance for reservations is **now**: [cksummerevents@gmail.com](mailto:cksummerevents@gmail.com) (payments must be made by August 28<sup>th</sup>-no walk-ins for this event).

As we near the end of summer, many of us will face some milestones, which is defined as "an action or event marking a significant change or stage in development." As a daughter, mother, and grandmother, I have had the good fortune to experience many milestones. Birthdays, anniversaries, the birth of your first child, your firstborn and then youngest entering kindergarten or senior year of high school, your firstborn or youngest child going off to college, your "baby" getting married, the birth of your first grandchild, and your first year as an "empty nester." I've been an empty nester for quite some time. Once my children and grandchildren end their visits and the house goes quiet, I have no choice but to savor the alone time. (Friends have often warned that Amazon's "Alexa" is an invasion of privacy - "Isn't it creepy that she knows all your secrets?" Me? I welcome her chatter. She's a good friend.) Milestones are like a roller coaster. Emotional, heart-wrenching, terrifying, as well as exciting and thrilling. Enjoy the ride.



Have a great week...

Please send me any updates for our  
next weekly issue - August 29<sup>th</sup>

(Deadline for information to be  
submitted is by August 27<sup>th</sup> - PM)  
[cknotesdenise@gmail.com](mailto:cknotesdenise@gmail.com)

**Denise**

For Security Gate information, please email [gateadmin@candlewoodknolls.com](mailto:gateadmin@candlewoodknolls.com)

Let us know if assistance is needed with navigating the Cellgate app and/or  
including security codes for your package deliveries.

**CK Security Phone: 203-917-5797**

Security Schedule

Monday-Sunday: 6:00pm-2:00am

Saturday-Sunday add'l hours: 10:00am-6:00pm

Effective June 23rd through September 2nd

(FYI—Non-emergency NF Police Department # 203-312-5701)

## Candlewood Knolls

21 North Beach Drive  
New Fairfield, CT 06812  
Phone: 203-746-4807  
Email:  
office@candlewoodknolls.com

Fun & Friendship at the Lake  
since 1929



### 2025 BOARD OF DIRECTORS:

President: Ken Keenan  
Vice President: Roberta Anderson  
Treasurer: Wayne Roberts  
Clerk (Secretary): Casey White  
Past President: David Clegg  
**DIRECTORS**

#### COMMUNITY

Mike Dapolite  
Bridget Fine  
Florence Iavarone  
Marie Knox  
Chris Lewick  
Mike Rail

#### TAX DISTRICT

John Gelcich  
Lori Moriarty  
Phil Passaro  
Rich Stark  
David Sandvik



### **Candlewood Knolls Golf Cart Guidelines**

1. Golf Cart Guidelines: In an effort to promote safety and security for our residents, the Board of Directors inaugurated the following guidelines:
  - a. Golf carts must have headlights and reflective tape affixed to the rear of the cart if they are going to be used after dark.
  - b. Drivers must be 16 years of age to drive a Golf Cart or 15 years of age with a valid learner permit.
  - c. Golf Cart capacity is limited to the available seating on each respective Golf Cart.
  - d. Driving rules for Golf Carts are consistent with the general rules of the road. This includes abiding by stop signs, yielding right of way, staying to the right side of the road, etc. It is the responsibility of the driver to know and follow the rules of the road.
  - e. Liability Insurance is available for Golf Carts and the Board of Directors highly recommends you have this coverage on your personal golf cart.
2. Golf Cart/Community Property: Please note that golf carts should not be driven on the beaches, ball field, and clubhouse lawn

*updated 07/17/24 Candlewood Knolls Board of Directors*

Stay in touch with us  
throughout the seasons:  
Sign up for our eBlasts, and  
check out our CK Website,  
CK Hello Facebook Page,  
& Mail Station Bulletin Board!



## COMMUNITY NEWS

### P U B N I G H T

**L to R: Casey White, Terry Craven, Dave Kosakoff, Don Lynch**



**Thursday, August 14th**



### Please join us for a **Celebration of Dan Hamilton** and **Memorial Plaque Dedication**

**Sunday Morning, August 31<sup>st</sup> at 9:00am**

**under the tent outside the Clubhouse.**

*There will be coffee, juice, bagels,  
donuts, & muffins*

**The Presentation of the Plaque will be from  
9:30am-10:00am.**



## CANDLEWOOD LAKE CONNECTICUT



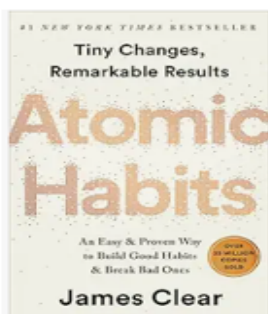
# AROUND THE TOWN

There's still two more days to catch the tail end of the **Dutchess County Fair**.

If you prefer something close by, there are also a few days remaining to enjoy the **2025 Danbury Feast of San Gennaro**. The festival celebrates Italian heritage through food, music, and entertainment. It is being held at the Danbury City Center Green at 1 Ives Street. You can join in the feast this Friday 5-11pm, Saturday 1-11pm, and Sunday 1-10pm.



## Book Review



**Atomic Habits by James Clear** is a book about how small changes in one's everyday lives can lead to remarkable results over time. The author expresses through the book that our habits are the tiny building blocks that shape how we live our lives and furthermore the person we are or want to become. He explains how we quite literally become our habits. Throughout the book the author provides the reader with what he calls *The Four Laws of Behavior Change*.

**Make it obvious:** Create clear cues for your habits so you notice them. Make the habits you want to make more noticeable, like if you want to drink more water put it by your desk when you are working.

And the opposite for habits you want to avoid, if you want to watch less tv unplug the tv. This ties with law two. In the *Making It Attractive* portion of the book James clearly writes that the less friction used to perform a habit the more attractive it seems. If one must get up and plug in the tv it is less likely that they are going to watch tv.

**Make it Attractive:** People stick with habits when they actually enjoy them. Clear says you can do something called temptation bundling, which means you combine something you need to do with something you like. For example, you could let yourself listen to your favorite playlist only while cleaning your room. That way, the habit feels more fun. To stop bad habits, try reminding yourself of why they're not good for you, like how eating too much junk food can make you feel sick.

**Make it Easy:** The easier a habit is, the more likely you'll do it. That's why Clear says you should start small. He suggests the "two-minute rule," which means your new habit should take less than two minutes at first. For example, if you want to start reading every night, just tell yourself to read one page. Once you start, you usually end up doing more. Also, make things convenient—like laying out your workout clothes the night before so exercising feels simple to start.

**Make it Satisfying:** Finally, a habit needs to feel rewarding to stick. Our brains like to repeat things that feel good. If you want to save money, you could put a dollar in a "fun jar" every time you add money to your savings account, then spend the jar later on a treat. For bad habits, make them less satisfying by giving yourself a consequence. For example, you could make a deal with a friend where if you skip practice, you owe them five dollars.

All in all, Atomic Habits teaches readers a simple and proven way to Build Good Habits and Break Bad Ones. TINY CHANGES = REMARKABLE RESULTS.

Happy Reading! *Danielle Ortiz*



# Just for Fun...

What Street  
Am I On?

Answer Key for 8/15/25

- |                         |                   |
|-------------------------|-------------------|
| A. Almargo Ave          | H. Lakeshore So.  |
| B. Candlewood Knolls Rd | I. Meadoway       |
| C. Claredal Ave         | J. North Beach Dr |
| D. Glenway              | K. Overlook Rd    |
| E. Kepler's Way         | L. Ridgeway       |
| F. Knolls Rd            | M. Summerhill Rd  |
| G. Lakeshore No.        | N. Woods Rd       |

1. **H** (13 Lakeshore So)



2. **F** (8 Knolls Road)



3. **G** (10 Lakeshore No)



4. **L** (3 Ridgeway)



5. **N** (4 Woods Road)



6. **A** (7 Almargo Ave)



How many of you are feeling  
these lyrics from the country  
song "Summer Never Ended"  
by Dustin Lynch (2022)?

*If September never came*

*If tan lines didn't fade*

*If real life didn't call our names*

*I'd be alright if summer  
never ended...*



HAHA!

Why did the scientist wear  
so much sunscreen?  
*Because she was a paleontologist.*



How do you prevent a  
summer cold?  
*Catch it in winter.*





### Mahjong Mondays 7:00PM

Downstairs Clubhouse  
Beginners always welcomed  
Questions?  
Call or text Marie Knox  
914-574-3054



### Sunday Pickleball Fundays continues this summer at 11:00am.

Regular player who wants to up their game? We'll show you techniques and strategies to improve your game.

New to pickleball? We'll teach you the basics and have you playing like a regular in no time.

We have equipment to lend and can advise where to get the best deals on your own equipment.

Great exercise and a great way to meet new people. Join us.



Download the Team Reach app & join the CKPicklersGroup (code CKP623) so you can stay informed of Knolls' pickleball group activities.

## BEERS OF THE KNOLLS 2025

Friday,  
August 22<sup>nd</sup>

1<sup>st</sup> Host:

Scott & Josh Fine  
23 Lakeshore North  
6 pm – 8:30 pm

2<sup>nd</sup> Host:

Wayne Roberts  
8 Candlewood Knolls Rd  
8:30 pm – 11:00 pm



Jerry Garbowski

203-417-2242 / jgarbo1@charter.net



SATURDAY, AUGUST 30<sup>th</sup>

(Labor Day Weekend)

6:30pm

Deadline for reservations: Friday, August 22<sup>nd</sup>

Email: [cksummerevents@gmail.com](mailto:cksummerevents@gmail.com)

Deadline for prepaid payments: Thursday, August 28<sup>th</sup>

\$75.00 per person - Cash, Check, or Venmo (@Candlewood-Knolls)

Please note "NY Party" and guest names.

Payment can be dropped off at the office.

Hosted by Denise Fucito & Committee



Sunday, August 31<sup>st</sup> 9:00am

Celebration of Dan Hamilton  
& Memorial Plaque Dedication

Under the clubhouse tent



# Meeting

Community Meeting  
& Stockholders' Meeting  
Sunday, August 31<sup>st</sup> @ 4:00pm  
Upstairs Clubhouse